

# Malnutrition Identification ~ Real Life Case Studies

Presented by Providence Alaska Medical Center & St. Elias Dietitians  
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## **Malnutrition Resources – to review before presentation depending on your experience with Malnutrition:**

- 1) Attached References:
  - A. PAMC Malnutrition Coding Guidelines - suggest printing off before the presentation and putting in a plastic sheet cover. Use a dry erase marker to determine what type of malnutrition exists.
  - B. Agreement on Defining Malnutrition – Annalynn Skipper  
JPEN J Parenter Enteral Nutr 2012 36:261
  - C. Adult Nutrition Assessment Tutorial – Gordon L. Jensen, et al.  
JPEN J Parenter Enteral Nutr 2012 36:267
  - D. Utilization of Nutrition-Focused Physical Assessment in Identifying Micronutrient Deficiencies  
Nutrition in Clinical Practice, Volume 30, Number 2, April 2015 194-202
  - E. Physical Exam – Parameters useful in assessment of nutritional status (AND)
  
- 2) Webinars
  - A. ***Nestle Nutrition Institute (free) Webinars on Malnutrition.***  
[www.nestlenutrition-institute.org](http://www.nestlenutrition-institute.org) - search by title
    - i. Nutrition Focused Physical Assessment (NFPA) Part 1: Setting the Stage for Success
    - ii. Nutrition Focused Physical Assessment (NFPA) Part 2: Creating your Malnutrition Tool Box
    - iii. Nutrition Focused Physical Assessment (NFPA) Part 3: Micronutrient Deficiencies
  
  - B. ***Academy of Nutrition & Dietetics Webinars.***
    - i. From theory to Practice: Optimizing Recognition and Documentation of Adult Malnutrition (May 2012)
    - ii. Nutrition-Focused Physical Examination: Enhancing Your Clinical Tool Box (Feb 2013)
  
  - C. ***Abbott Nutrition (free) Webinars on Malnutrition.*** Abbott Nutrition Health Institute
    - i. Certificate of Training in Adult Malnutrition (7 ceu)
    - ii. Patient Simulation: Putting Malnutrition Screening, Assessment, Diagnosis and Intervention into Practice
    - iii. Improving Patient Outcomes: Comprehensively Addressing Malnutrition in the Hospital
    - iv. Improving Patient Outcomes: Interdisciplinary Approach to Recognizing and Treating Malnutrition
    - v. Improving Patient Outcomes: Effectively Managing Malnutrition Risk after Discharge

- 3) ***Alliance to Advance Patient Nutrition*** - [Malnutrition.com](http://Malnutrition.com)  
Excellent information to share with administrators and physicians on malnutrition in hospitals, the benefit of nutrition intervention, etc.